

## VOLUNTEERS FOR HEADQUARTERS

SP1  
FREE UNIVERSITY COMMUNITY  
SWITCHBOARD (328-4941)

The central switchboard for the Free University is the back office in the store. It is vital that there be someone there all the time (11 am -- 9 pm) and volunteers are needed to do this. Answering the telephone and registering people are the most time-consuming activities. There are still many more things to do and even more that could be done.

Working there is a good way to learn what is going on in the Free University, and in the terms of self development, it helps one to learn to meet the public, to overcome a fear of strangers, to develop and discover one's ability to handle any and all situations, and to learn to help others joyfully without relinquishing oneself.

Our vision is that this is an administrative position, and that we need to learn to do administration in a human way. It is not enough just to do the work. To do the work there are many technical, little things that must be learned and that can in part only be learned by being there. On the other side is the need that the person there can be a center of calmness and confidence amidst the storm of apparent chaos and confusion and hassling that often exists in the store.

If you would like to work with the Free University and to contribute your time and yourself in this specific way, please sign up on volunteer section of registration form and on regular class sign-up of registration form.

## VOLUNTEER PROJECT

Don't be disillusioned if you signed up for volunteer work and were not contacted last quarter. We finally have a system of control for this project and will get in touch with you if you sign up on the application.

## HOUSING CO-OP

We maintain a free listing of houses and rooms for rent. If you have a house or a room, please call us and we will make an entry. If you are looking for housing, come in and look in the Switchboard Book. (Super-premium; houses with 5, 6 or more bedrooms; any leads, however remote, are greatly appreciated.)

## JOB CO-OP

If you have a job to offer, either temporary or permanent, please call us. We will try to fill all requests within 48 hours.

## HUCKLEBERRY HOMES

Will you offer your home for a night or two to someone in need? Please call us; we will work the Huckleberry homes on a rotating basis.

## LEGAL DEFENSE GUILD

We are maintaining a file of lawyers and law students who are willing to volunteer their services for free consultation. We would like to expand the Guild by about 25 lawyers so that the demands on any one person are kept to a minimum. Do not call for free court representation; this is a consultation and legal advice service.

## DOCTORS' GUILD

A consultation and diagnostic service for the Free U community. Doctors, dentists, and medical school students, we need your help. Also -- see the Medical Science section in the catalog for more specific information.

## BAD TRIP INTERVENTION CENTER

24-hour assistance by experienced people if you run into a bummer. Call:  
Drug Crisis Intervention -- 244-6242 (This is a San Jose-based organization)  
Marc Porat -- 328-4941  
Robb Crist -- 854-5905  
Stan Mayerson -- 321-9406 or 327-5431  
Jim Boyers and Barbara Barnett -- 327-3136

## GENERATION GAP MEDIATION SERVICE

For parents who can't handle their kids and for kids who can't handle their parents. Come together with one of us and we will try to work it out together. Call:  
Jim Ware, 328-4941; Bob Cullenbine, 326-8104 or 328-4941; Pat Griscom, 365-1329;  
Gail Teel, 328-4941; Marc Porat, 328-4941; Dick Rees, 325-0915; Janet Frank, 322-7976;  
Judy Cosgrove, 323-5903; or Mark Jensen, 851-0754.

SP 2  
MFU COOPERATIVE OR  
SUPER STORE

The MFU Cooperative Store has been operating successfully for more than 9 months now. It is a producers cooperative for the many artists and craftsmen in this area, and we are selling all manner of groovy goods, from candles and clothing to pottery and paintings.

We sell anything and everything our members make on a consignment basis, with no screening or censorship. If you are not an MFU member, but you make something you would like to sell, bring it in anyway. The producer sets the sale price; members will receive 75% of this price, when the article is sold, and the store will get 25%, to pay its expenses. Non-members will receive 70% of the sale price, and the store will get 30%. Space is limited however--can you help us with our display problems?

Irene Lewis is the full time storekeeper, but we need volunteers to work in the evenings and Saturdays or during the day if you wish. If you would like to help, please contact us.

It is all happening at 1061 El Camino, Menlo Park, 328-4941. Sometimes our hours are erratic, but we try to stay open from 11 a.m. to 8 p.m., Monday-Saturday.

SP 3  
IN SEARCH OF THE FREE U  
MOTHER

A continuous, intense search begins now for the Free U Mother. Observations of human awareness and sensitivity courses during the past year have developed the information that a significant portion of the male Free University population have issued an impassioned plea for their mother. If you have seen her or know who she might be, please contact Mark Jensen, 851-0754 or Bob Cullenbine, 326-8104.

SP 4  
TEACHERS' WEEKEND  
WORKSHOP

A workshop for course leaders or prospective course leaders. We will meet and exchange experiences of what it's like to be a teacher in a completely unstructured, no-requirement, no-pressure environment. Believe it or not, teaching in the Free U can be harder than teaching at Stanford. We will break up into several small workshops to cross-fertilize ideas, share common problems, discuss techniques. Possible topics: teaching sensory awareness; large groups vs. small groups; the role of a leader in a confrontation or encounter group; non-professionals doing professional work; techniques of emotional release or "catharsis".

Up front, our goal is to give ourselves a better picture of what it means to be a teacher. The workshop will be catered for lunch and dinner. Relaxation and swimming between workshops. Donations welcome. Location to be announced in the "Red-book" (probably will be held at Peninsula School).

SP 5  
DO YOUR THING THIS  
WINTER

In the Free University, Monday's student is Tuesday's course leader. Whether you were a student or a course leader this quarter, you can share your special talent or information with the Free U community by offering a course this winter.

Perhaps you are a frustrated college student or teacher eager to teach a course as it should be taught, or a craftsman or hobbyist wanting to exchange ideas with others.

You could teach jewelry making, batik, wrestling, karate, modern dance, acting, cabinet making, sewing. You could lead an encounter group, guide a hike, repair automobiles, talk about radical politics, or teach remedial English. The list is endless. The course you would teach may never have been taught anywhere. Share your creativity with the Free U community.

Deadline for submitting course descriptions is December 10. Write MFU, 1061 El Camino, Menlo Park.

SP 6  
THE BLUE BOOK

Having a date may not end loneliness but it might. If you want a date, try the Free U Blue Book. The rules of the game are: 1. Put your first name only and phone number in the Blue Book's calendar under the specific night(s) you are available, or 2. look in the Blue Book and call up the people listed and discuss the possibility of compatibility. 3. Do not call up the Free U office or officers. The only contact is directly through the Blue Book located at the office. 4. Good luck. You are on your own.

SP 7  
FREE U CHRISTMAS CHOIR

Gail Teel, Docey Baldwin  
& Staff

During one or more evenings of the Holidays we will serenade police stations, fire stations, City Council and other places of interest and concern. Private homes in straight communities will welcome us with cookies, etc., if we do it with the real spirit of Christmas. No scrooges please. Call 328-4941 around December 20th. No need to sign up.

Everyone has a name and practically all those names were given to them by someone else--by parents and by husbands. Why not have a name that really expresses you, as you are today.

The people that named you didn't know anything about you--they are laying an obsolete trip on you. We take it for granted that just because you got a name once you have to keep it forever--that name changing is the prerogative only of movie stars, ballerinas and professional wrestlers. Many people do not know that legally you can call yourself anything you want, that it is only for very special purposes, e.g., passports, probation, etc., that your true given name matters.

Name changing is relatively superficial, but it is symbolic of the whole process of taking over control of your own life, your own fate. We don't have to do things a certain way just because other people have always done them that way. What else would you like to change? So why not do it?

For assistance in picking a new name, call 328-4941 and ask for the Namers.

SP 8  
THE NAMES,  
THEY ARE A-CHANGING

A local jeweler and expert watch repairman with 44 years experience will do watch and jewelry work for Free U members at a substantial saving, and a percentage will be refunded to the Free U.

Antique and modern watches, grandfather clocks, redesign of old jewelry, all services within the scope of a high grade jewelry store.

Contact Harold Shapiro at 323-9115, or leave word at Free U Store.

SP 9  
FREE UNIVERSITY JEWELRY  
SERVICE

The Free University Book Service is in the process of being organized. We will take orders for hard cover books (excluding textbooks) and selected paperbacks as well. It will take from two to fourteen days for us to fill your orders. We are offering a 20% discount on all books. The best time to call is between 10 a.m. and 2 p.m., Monday through Friday. Ask for John Beck at 328-4941. Or, you may come by and fill the order in person. At all times the Book Service table in the Free U office (1061 El Camino, Menlo Park) will be available with complete instructions on how to leave an order for a book.

SP10  
FREE UNIVERSITY BOOK  
SERVICE

To be held at Dinkelspiel Auditorium, Stanford. Time yet to be determined. Something to look forward to!

SP11  
ROBBIE BASHO CONCERT

Anyone needing a competent physician to terminate an unwanted pregnancy (inexpensively) or other birth-control aid, call 325-3149 or 323-6802 between 12-1 p.m. or 10-11 a.m. Call also if you are interested in helping legalize abortion or in counseling those seeking abortions.

SP12  
ABORTION COUNSELING

In all times and cultures spiritual development has been most often symbolized as some sort of trip. The descent into the underground in Homer, Virgil, and Dante, the medieval pilgrimage, the quest for the Holy Grail, the ascent of Mt. Carmel, Pilgrim's Progress, and in the present century Eliot's "Wasteland," Hesse's Journey to the East, Daumal's Mount Analogue, Kerouac's On the Road, and Tolkien's Lord of the Rings are all variations of this same metaphor.

SP13  
JOURNEY TO THE EAST

We intend to try living out this metaphor by gathering together about twenty people and literally journeying to the East. On the way we will study and discuss the various literary models of such a journey and look for revealing parallels with our actual experiences. Hopefully, this project will be of value not just to those who go but to the entire community; for as Eliot puts it,

"...the end of all our exploring  
Will be to arrive where we started  
And know the place for the first time."

In making such a trip we will be doing as Marianne Moore advised when she said that what the world needed were "literalists of the imagination," people who would actually live out in the real world things about which poets and prophets usually only fantasize.

Thus far we have made the following tentative plans: in late June or early July we will fly from S.F. to England. From there we will drive (in Land Rovers) across Europe and Russia to Samarkand (Gurdgieff country); then through Afghanistan to India.

This will be a pilgrimage, not a tour. We will live like peasants, sleep out, eat native food, etc. Tourist attractions will be seen only in passing, out of the corners of our eyes.

After some months in India, during which we will visit various shrines, holy

places, and ashrams, we will continue east, if possible through China, and eventually Japan, where we will visit some Zen monasteries. We plan to be back in the U.S. by Christmas 1969.

The cost of the entire trip will be about \$2000, and a deposit will be required of all participants before final arrangements can be made.

For further information contact Robb Crist at the Free U office, or Herman Hesse at 833.8.

SP14  
INTO THE SILENT MUDDLE

The goal of this course is twofold: (1) to reach people who are uptight with the draft but who are reluctant to seek counseling and/or don't know where to find counseling. (2) to reach high school people before they are 18 and explain to them what they may be getting into.

The technique to be used will be to distribute leaflets and talk to people in such locations as downtown Palo Alto, local coffee houses, and in the vicinity of drive-in restaurants, movie theaters, dances, etc. The class will meet informally on weekends as the participants decide, plus at other special events where hordes of young men would be. Autonomous action is welcome and encouraged. A weekly meeting will be held to evaluate the project and select suitable targets for leafletting.

The first meeting will be at the Be-in on Sunday, September 29th. The second meeting will be Saturday, October 5th at 7 p.m. at 12720 Dianne Dr., Los Altos Hills. For information or leaflets, call Arnie Jensen at 941-5913 or the Free U Store at 1061 El Camino, Menlo Park.

SP15  
THE ART OF GIVING AWAY BREAD

Walter E. Reynolds

In these Wednesday night Bake-Ins, the subtle consequences of freely sharing fine bread will be pursued. It is a group seminar with practical laboratory (kitchen) training. During the laboratory session, the prerequisite to giving away bread, the baking of whole wheat bread will be demonstrated and taught by participation.

Mr. Walter E. Reynolds (BSc in EE, MSc in Engineering Science) was instrumental in founding the baking efforts in San Francisco and other locations from coast to coast that have given away upwards of 30 tons of "home baked" bread in the last year or so.

Meetings are Wednesday evenings -- lab time is nominally 7:30 to 10:30. Somewhere in there, while the bread is rising, there will be an hour of informal talk over (if the instructor got an early batch out) hot bread and honey. Only the meetings in November will have a continuing sequence (topics: the total food value, the mass economics, comments on various possible ingredients, and a conclusion with a yet to be devised social experiment in the Art).

There will be one meeting every week; all persons are invited for as few or as many times as they are interested. Twice is suggested, once before you bake at home, and once after. First time students are requested to purchase a \$1.50 kit of materials to take home.

There will be no meetings the last Wednesday of each month -- instead a meeting will be held the Saturday morning before the skipped Wednesday. Meetings are at the instructor's home, 411 Oakdale Road, East Palo Alto, telephone 322-0884.

SP16  
GETTING INTO SAN QUENTIN

We are interested in focussing on the much-discussed but involvement-ignored problems within correctional institutions.

We may make field trips to study the situation first-hand, looking into things like the gas chamber, "botanical gardens", honor units, death row, kitchens, asphalt "yards", the chapel, and other rehabilitative devices. Incidentally, the rate of return to San Quentin is 50%.

Do not come if you plan to be a spectator. We need workers, not tourists. As a first project we may set up a communication center for newly released inmates, thus responding to their overwhelming need for practical information such as "how to cash an honest check".

For information contact Gail Teel at 328-4941 or Bill Murry at 326-4973.

SP17  
SURVIVAL VILLAGE

Eric Love Big Daddy Nord

Ghost town four hours from San Francisco. Twenty year lease from government available very cheap. NEED: Planners, doers, people (up to 500), children too. This town was just used by government as a Peace Corps training center and is in operable condition. Nitpickers need not apply.

Call for next step at 264-4087 or write 1441 Blossom Hill Road, San Jose.

I would like to join together with Yoga students and interested people to rent a farm or a large house in the mountains to establish a Yoga ashram based on the Shive Tantric Yoga tradition. This would be more than just a commune in that regular classes in Hatha Yoga and meditation would be taught by experienced teachers. Classes in astrology, I Ching, occult philosophy and other related disciplines also included. Members of the ashram would be expected to maintain a strict health food vegetarian diet. Prime requisites are sincerity, willingness to work hard, cleanliness and orderliness.

SP18  
MIDPENINSULA YOGA ASHRAM

We will construct many of the living quarters, temple, class rooms and exercise pavilion. Hence Karma Yoga is a major part of the discipline. We are looking for people who can pay at least \$50 of the rent per month plus food and transportation. We will seek a location compatible with commuting to Peninsula civilization for working members.

The ashram will be a center for yoga classes and weekend retreats for affiliated members. We will maintain affiliation with the Loca Dharma Mahasram, a legally incorporated non-profit organization headed by Ashope Fakier, an experienced guru from India. We will also act as a coordinating center for mass religious festivals.

For further information contact Narad at 969-2048 or 2250 Rock St., Apt. P, Mountain View.

Vocations for Social Change is a Hayward group which maintains a nationwide job listing of voluntary and paid positions with radical organizations, peace groups, civil rights groups, and a variety of other organizations. Write for their job listings or stop and visit at 2010 "B" Street, Hayward, Calif. Phone (415) 581-4015.

SP19  
VOCATIONS FOR SOCIAL  
CHANGE

Young adults with slight handicaps in this area are seeking work experience opportunities. In addition, many of these young people long for social contact with other young people. Call 325-8228 if you have job opportunities or would like to join with them in informal gatherings. We hope ultimately to establish a residence club.

SP20  
WORKING WITH HANDICAPPED  
YOUNG ADULTS

Some of those who sign up will be called upon to help on one of two Blind Walks. Time and place to be announced. Call 851-8356 (evenings) or 854-3300 x 657 (days).

SP21  
BLIND WALK  
Charley Martin

March leaves from the Panhandle in Golden Gate Park at Baker between Oak and Fell to go to the S.F. Civic Center. For information call: GI's and Veteran's March for Peace, 330 Ellis, Rm. 413, S.F. 94102, tel: 771-5650 or The Resistance at 424 Lytton Ave., Palo Alto, 327-3108 or 325-7976. Car pools will leave from behind the Free U Store at 9 p.m. and from other points. Sat., Oct. 12 at 11 a.m.

SP22  
GI'S AND VETERANS MARCH  
FOR PEACE IN SAN FRANCISCO

Universal human be-in: sexual-asexual psychodrama no-Zen religion party for young and old. Thursday, Sept. 26 at 3 p.m. to Friday at 10 a.m. at Good Sams, 1292 Portrero in San Francisco.

SP23  
HERMES FESTIVAL

All eligible males between 18-26 must deal with the question of Selective Service and the draft. This course is designed for the beginner. Its purpose is to give you a working knowledge of Selective Service. Hopefully it will build a foundation from which you can grasp more complex draft problems.

SP24  
BEGINNING DRAFT COUNSELING

The course will cover the following areas: SSS Forms 100 and 150, appeal procedure, pre-induction and induction physicals (plus related tactics), non-cooperation (the Resistance), Canada and emigration, general tactics in dealing with the SSS and all related topics that arise.

College and high school people, girls, vets, draft board members, you -- all interested people are invited to attend.

The first meeting will be at 8 p.m., October 1, at 251 Webster St., Palo Alto. For further information call Rich Patocchi, 327-1687.