

24. TAI CHI CHUAN-- Gene Neufeld 6:00

Ancient Chinese calisthenics for health and self defense. Emphasis is on health. Anyone can learn--men, women, young, old. Action in meditation; meditation in action; the development of "CHI". Sign up and we will tell you where it will meet. For further information, call 322-0377.

25. PAGANS, SAINTS, HERETICS AND ANARCHISTS:

Social Theories of Constructive Rebellion--Daniel Hoffman 7:30 p.m.

The seminar will explore historically the basic type of social structure and ethics that has produced the greatest thinkers, and then seek to apply these to our search for a firm basis for modern culture. D.R. Hoffman, the seminar leader, has published the following books in England, India and the U.S.A. : The Coming Culture, India's Social Miracle, and An American Sarvodaya Pilgrimage.

The course will cover:

- 1.) Background-- the Brahmins, the Greeks and Plato, the Essenes.
- 2.) Early Christian Communities-- organization, work, purity, and non-violence.
- 3.) The Betrayers and violence-- St. Paul, the Arius conflict, the Origen heresy, the Athanasius creed, St. Cyril and Hypatia, Constantine the Great and the evolution of the state church, Justin and Theodora and reincarnation.
- 4.) The pagan, violent state church-- 1000 years suppression of non-violent Christianity; the struggle for religious freedom; the effect of present day communication on violence versus non-violence.
- 5.) Tolstoi, Gandhi and Bhava and the present revival of true Christianity (including discussion of early American religious communities.)

For further information call D.P. Hoffman, 344-6209. First meeting 15 January, place to be announced.

26. MAHLER'S TEN SYMPHONIES -- Frederick Wells

"My time will get come" - Mahler

After more than half a century, Mahler's time has come. He is being discovered as a sensitive, struggling creature who put into his music his search for redemption through nature, communication and self-exploration. Mahler brings to conclusion a thousand years of musical development in the western tradition. Time, sound and silence are all carried to their utmost limits as no one has been able to do before or since Mahler. Those who experience his music are carried into those regions where eternal time and temporal time struggle to transform one another. Hope and despair, death and eternal life, anxiety and serenity, war marches and dance, love and alienation, realism and mysticism - these are the Yang and Yin of Mahler's world of sound.

Mahler's ten symphonies will be heard in consecutive order, since understanding comes from the context of the whole group more than is usual in musical works. Each represents a step in his constant searching for the meaning of existence. Discussions from a non-analytic, experiential approach will follow the listening experience. The class will experiment with methods of becoming totally absorbed in the sound experience.

The first meeting will be held on Tuesday, January 9, at 8 p.m. at St. Bede's Church, San Hill Road and Monte Rosa Drive (opposite SLAC), Menlo Park. For additional information, call 854-3763.

A fee of \$5 will be collected at the first meeting for the purchase of the new recording by Leonard Bernstein and the New York Philharmonic.

27. DISCIPLINES IN CONSCIOUSNESS -- Dr. Harold Freeman 8 p.m.

A comparative class delving into the science of self-discipline, both ancient and modern. The course will terminate in esoteric instruction on the usage of light and mantra.

First meeting will be held Tuesday, January 9, at 382 E. Duane, Sunnyvale. If you need a ride or further information please call 736-7821

28. THE ROLE OF THE AMERICAN UNIVERSITY IN REVOLUTION - Michael Clausing 7:30 p.m.

We will deal with directions the university may take within American society; we will try to consider how the university can be a vehicle of change. Of course, we must to some extent focus on the structure of the university itself as it presently exists - and then try to consider how it may change.

Suggested reading list: Essential Works of Lenin, edited by Henry M. Christman; Selected Works of Mao Tse Tung; Growing Up Absurd, Paul Goodman; Esquire Magazine, September, 1967 issue; Existentialism and Education.

The first meeting will be held on Tuesday, January 9, at 1590 Bay Rd., A class meeting should consist of no more than 12 students; however, if more students sign up, we will hold more classes. For further information call 322-3121.